



2023 SPRING HEWLETT PAL LACROSSE LEAGUE

BOYS



- GRADES 3-8: FIRST GAME TBD (8 GAMES)
- GRADES 1/2: FIRST GAME TBD (6 GAMES)
- PRACTICE @ HEWLETT HIGH SCHOOL & TIME & DAY TBD
- GAMES ARE SUNDAYS
- GAMES & 2X WEEK PRACTICE (INCLUDES TRAINER 1X A WEEK DURING PRACTICE)



GIRLS



- GRADES 3-6: THE FIRST GAME TBD (8 GAMES)
- GRADES 1/2: THE FIRST GAME TBD (6 GAMES)
- PRACTICE @ WOODMERE MIDDLE SCHOOL OR HEWLETT HIGH SCHOOL & TIME & DAY TBD
- GAMES ARE SUNDAYS
- GAMES & 2X WEEK PRACTICE (INCLUDES TRAINER 1X A WEEK DURING PRACTICE)

REGISTER ONLINE @ [HTTPS://NCPALHEWLETTUNIT.LEAGUEAPPS.COM/](https://ncpalhewlettunit.leagueapps.com/)
REGISTRATION CLOSING 2/10/23

QUESTIONS? CONTACT
MEREDITH KING (646-327-3800) OR
RYAN MURPHY (516-557-5309)
VIA EMAIL: HEWLETTBALLAX@GMAIL.COM

IT IS BETTER TO BUILD YOUTH THAN MEND ADULTS
[HTTPS://NCPALLACROSSE.COM/](https://ncpallacrosse.com/)