

HEWLETT-WOODMERE PUBLIC SCHOOLS Spring 2010 Recreation Programs



REGISTRATION OPENS MARCH 8TH

**NOTE: REGISTRATIONS ARE IN-PERSON ONLY
BY PARENT OR GUARDIAN**

**HEWLETT-WOODMERE PUBLIC SCHOOLS
COMMUNITY EDUCATION & SERVICES
ONE JOHNSON PLACE
WOODMERE, NEW YORK 11598-1312
TELEPHONE: (516)374-8163
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HEWLETT-WOODMERE PUBLIC SCHOOLS

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OPEN REGISTRATION PERIOD: March 8 – April 9
REGISTRATION IS ON A FIRST- COME, FIRST- SERVED BASIS
Registrations accepted in person only, by parent or guardian of child

in room 209 of the Woodmere Education Center

Weekdays: March 8 - April 9, 9:00 a.m. to 3:00 p.m.

*Register at our Special Tuesday Evening Registrations: March 9, 16, 23 and Wednesday evening, April 7, 2010
7:00 – 8:30 p.m.

TO REGISTER:

THE PARENT OR GUARDIAN MUST REGISTER IN PERSON AT ONE JOHNSON PLACE, WOODMERE, NEW YORK, ROOM 209.

We will not accept a registration without a parent's signature, a local emergency name and phone number, along with proper payment.

ELIGIBILITY

All Community Services programs are open to children who are residents of the Hewlett-Woodmere School District. Proof of residency is required upon registration. Proof is a picture ID with your current address on it, plus a tax or utility bill. Please refer to program descriptions for age and/or grade level requirements for each program; especially swimming. Please do not disappoint your child by signing them up for a class from which they will need to be removed due to a lack of prerequisite skills.

FEE\$ and CHARGE\$:

Fees should be attached to your registration forms. Program fees are noted on the schedule of activities. Payments should be made by credit card or checks payable to:
HW COMMUNITY EDUCATION and SERVICES.

REGISTRATION FORM\$ and INFORMATION:

Complete a registration form for each child for each program. Registration forms are available in the office. Registration forms are included in this brochure for your use. Make copies if you require additional forms. Make sure you complete all information needed on the form.

REFUND REQUEST\$

In the event that your child cannot participate, you **may be** entitled to a refund if your **written request** is received **before the first session**.

1. All approved refunds are prorated from the date of receipt.
2. No refunds will be issued after the first session is held.
3. Written requests for cancellations due to medical conditions are refunded on a prorated basis with verification.
4. Refunds will be issued if notification is received 5 days prior to trip or event.
5. *There is a \$10 charge for any cancellation not received in writing before the class starts. It will be deducted from any prorated refund.*

6. If you would prefer a transfer into another program, we can transfer if space permits. You must pay any differential fees.

BOUNCED CHECKS:

Bounced checks must be recovered by bank checks or money order payments (bank fees may be added to fees due on returned checks). Those who do not make good on bounced checks within 15 days will be blocked from further registrations and/or be withdrawn from classes until all fees are recovered. Your cooperation in these matters is appreciated.

WEATHER CLOSINGS

Programs will not meet when HWSD #14 schools are closed. Stay tuned to these radio and TV stations for school closing information. WBAB- 102.3 FM; WBLI-106.1 FM; WCBS- 880 AM, WBZO- 103.1 FM WHLI-1100 AM; WINS-1010 AM; or CABLEVISION - News 12 Long Island; WCBS-TV; WNBC-TV; WABC-TV; and our Web site, www.hewlett-woodmere.net .

WEEKEND CANCELLATIONS:

If we cancel weekend programs due to poor weather, a cancellation message will be placed on the above stations and on our answering machine in the Community Services office by 8:30 a.m.

CALL US AT: 374-8163; or check our Web site.

**ENROLLMENT RUNS
MARCH 8 – APRIL 9**

DATES TO REMEMBER:

April 24: Kid's Nite Out 7:00 -9:30 p.m.

June 5: Kid's Nite Out 7:00-9:30 p.m.



NO PROGRAM DATES:

There will be no regularly scheduled recreation programs when school is closed due to inclement weather or vacations.

WHEN SCHOOL IS CLOSED FOR THE SCHOOL DAY, THERE WILL BE NO AFTER SCHOOL PROGRAMS HELD ON THAT DAY.

WEEKDAY RECREATION SCHEDULE

PROGRAM	TIME	Grade/Age	LOCATION	DATES	FEE	LIMIT
MONDAY						
# 921013 Fun and Fit Sports	3:05 - 4:30 p.m.	PK – Kg	FECC – Café & Gym	April 12 – June 7	\$60	22
#921005 Swim Conditioning	6:30-7:20 p.m.	Ages 6-9	Hewlett High School Pool (Red Cross level 4 or higher)	April 12 – June 7	\$55	22
#921006 Swim Conditioning	7:25- 8:15 p.m.	Ages 10-16	Hewlett High School Pool (Red Cross level 4 or higher)	April 12 – June 7h	\$55	22
TUESDAY						
# 921008 Art Class	2:30 – 3:30 p.m.	3rd - 5 th	Ogden Elementary Room 4	April 13 – June 8	\$62 Material fee included	15
#921007 Creative Play	3:05 – 4:30 p.m.	PK - 1st	FECC – Art Room	April 13 – June 8	\$60	22
#921042 Wrestling	6:00-7:15 p.m.	5 th -10th	Woodmere Education Center Gym	April 13 – June 8	\$50	22
WEDNESDAY						
# 921010 Handy-Dandy Crafts	3:05 – 4:30 p.m.	PK - 1 st	FECC - Art Room	April 14 – June 9	\$60	25
# 921012 Dance	4:10 - 5:30 p.m.	PK - 1 st	FECC Gym 1	April 14 – June 9	\$55	25
THURSDAY						
#921018 Fun & Fit Sports	3:05 – 4:30 p.m.	Kg- 1 st	FECC – Café / Gym	April 15 – June 10	\$60	25
FRIDAY						
# 921017 Introduction to Theater Arts	3:05 - 4:30 p.m.	Kg to 1 st	FECC Café & Gym 1	April 16 – June 12	\$60	25
OPEN GYM- Basketball #921020	7:00 – 9:00 p.m.	Boys 6 th -8 th Girls 6 th - 8 th	WMS–Basketball Ongoing Open Gym	September 26 – June 5 (See calendar for school closings)	\$3.00 per session \$55 pass	40
OPEN GYM – Basketball #921021 Adults only	9:00- 10:30 p.m.	Adults only	WMS–Basketball Ongoing Open Gym	September 26 – June 5 (See calendar for school closings)	\$3.00 per session \$55 pass	40

WEEKEND RECREATION SCHEDULE

PROGRAM	TIME:	Age/Grade	LOCATION	DATES	FEE	Limit
SATURDAY						
#921024 Saturday Tot Time	9:15 – 10:15 a.m.	12 months old- 24 months old	WEC – Room 102	April 10 – June 12	\$55	10
#921022 Multi-Sports	10:00 a.m. – 11:15 a.m.	Kg – 1 st	HHS – Yoga Room	April 10– May 29 (no class 5/1)	\$55	25
#921023 Twisted Math And Science Fun	9:15 – 10:25 a.m.	Kg - 1 st	HHS – Room 106	April 10 – May 29 (no class 5/1)	\$55	20
#921027 Rookie & Junior Sports	10:30 – 11:40 a.m.	2 nd – 4th	HHS – Yoga Room	April 10 – May 29 (no class 5/1)	\$55	25
# 921028 Creative Crafts	10:30 – 11:40 a.m.	Pre- K – 2 nd	HHS - Cafe	April 10 – May 29 (no class 5/1)	\$55	20
#921031 Science Fun	10:30 – 11:40 a.m.	2 nd -5th	HHS – Room 106	April 10 – May 29 (no class 5/1)	\$55	20
#921019 Imagination Station	11:45 a.m.- 1:00 p.m.	Kg. – 4th	HHS- Cafeteria	April 10-May 29 (no class 5/1/)	\$55	20
#921034 Special Persons Gifts	1:00- 2:30 p.m.	Pre-K – 5 th	HHS – Room 106	ONE SESSION May 8	\$10	20
#921035 Butterfly Workshop	1:00- 2:30 p.m.	Pre-K – 5 th	HHS – Room 106	ONE SESSION May 22	\$10	20
KIDS NITE OUT #921040 April 24 th #921041 June 5 th	7:00-9:30 p.m.	Ages 5- 12 Swimming for 2 nd -7 th grade	Hewlett High School	April 24 & June 5	\$10 each night	120
SUNDAY						
#921029 SUNDAY Tennis–Beginners A	11:00 – 11:55 a.m.	2 nd - 3 rd grades	HHS Tennis Courts (rain location- gym)	April 11 – June 13	\$40	12
#921030 SUNDAY Tennis -Beginners B	12:00 – 12:55 p.m.	4 th – 6 th grades	HHS Tennis Courts (rain location- gym)	April 11 – June 13	\$40	12
#921039 SUNDAY Open Gym	1:00 p.m.- 3:00 p.m.	6 th -12 th grade Boys and girls	HHS Gym	April 11 – June 13	\$3 per visit or \$55 pass	40

KIDS NITE OUT

The Kids Night Out programs include supervision, sports, games, crafts, dancing, snacks, fun and swimming (2nd-7th grades only).

KIDS NITE OUT activities are open to all district children ages 5 -12. The program meets at Hewlett High Gym.

Fee \$10 per child payable to the Hewlett-Woodmere Community Services (advance registration is highly recommended as space is limited).

Children not yet in second grade and those **under the age of 7** will not be allowed to swim in the pool unless accompanied by a parent or guardian during Kids Nite Out.

(During Kids Nite Out sessions – parents may join in the swim activities for a fee of \$5 per parent; parents may not participate in other activities)

WATCH FOR ADDITIONAL FLYERS AND EVENTS TO BE ANNOUNCED DURING THE SCHOOL YEAR.

ACTIVITY DESCRIPTIONS

MONDAY

Fun and Fit Sports: Young children will learn skills essential to the development of coordination, balance, stretching, strengthening and channeling energy through physical games and playful activities. These skills are fundamental to a good workout and the enjoyment of sports in later years. Children should wear layered and comfortable clothes and sneakers. (Mary Moshos)

Swim Conditioning: This program is for competitive swimmers who are swimming at Red Cross level 4 or higher. It is not a swim instruction class. It is a conditioning and training class for students who want to stay in shape while maintaining and improving their competitive edge in swimming. Two coaches will be there to assist students with conditioning and guide students in developing workouts that help them achieve personal goals. Conditioning is in a group setting. Refer to the weekday schedule on Mondays for ages and times.

TUESDAY

Art Class: Learn to paint with water colors and acrylics. Basic skills will include learning or improving your drawing skills, knowledge of various art supplies and completing pictures. (Mrs. Saunders).

Creative Kids Play: Explore and enjoy various elements of art through many different arts and crafts media. The instructor will use guided activities to help children explore and express their creative imaginations. Time is provided for guided projects as well as independent art activities. Please wear clothes suitable for use with paints, glue and other fun messy stuff! (Mary Moshos)

Wrestling:: Wrestling is an ancient sport of mental concentration and physical stamina. In this clinic, each player is taught to understand the physics of their own body, and to use his or her strength to strategically sustain themselves in one-on-one wrestling with players of similar weights. You will come to understand why the sport of wrestling has been so popular for so long. (Mike Jimenez)

WEDNESDAY

Handy-Dandy Crafts: This fun-filled class will provide an environment where children will explore and create works of art through the use of a variety of arts and crafts media. This is for children with an interest in creative arts. Since activities will include crafts and sensory experiences, please wear clothes suitable for use with paints, glue and other fun messy stuff! (Mary Moshos)

Dance: Students will learn basic ballet, hip-hop, jazz and modern dance steps. New steps will be introduced at each session. Young dancers (pre-k-1st) will learn new steps weekly and develop a short performance to showcase their talents. (Mrs. Garcia)

THURSDAY

Fun & Fit Sports: Young children will learn skills essential to the development of coordination, balance, stretching, strengthening and channeling energy through physical games and playful activities. These skills are fundamental to a good workout and the enjoyment of sports in later years. Children should wear layered and comfortable clothes and sneakers. (Mary Moshos)

FRIDAY

Theater Workshop: Is there an actor among you? This workshop allows the children to tap into their theatrical ways. They explore all elements of the Community Theater including reading, monologues, comedy, staging, sets, music, dance and choreography. The workshop will end with a short production. (Mary Moshos)

Open Gym- Basketball

- *Session I:* 6th- 8th graders. Basketball is the main court game. Volleyball is played on scheduled dates. This is a drop-in program. You may register on site for \$3 each visit. Written parental permission and proof of residency is required at the first session your child attends. Parents please escort children into the building, and come in the building to pick up your child. At Woodmere Middle School, please enter through the doors by the tennis courts. (Larry Parker)
- *Session II:* is for Adults only. This is our Adult “Drop-In” basketball program. This is a pay as you go drop-in program; the fee is charged per session.

SATURDAY

Due to construction, the Playscape at F.E.C.C. will be closed until further notice.

Multi-Sports: Young children will develop their basic skills through physical games and activities. A variety of sports will be taught each week. Sportsmanship and teamwork is encouraged and practiced. (Marc Rolla)

Twisted Math and Science Fun: These programs will engage children in math games and simple science experiments. (Ms. Scarantino)

Tot Time: This is a Parent –Child playtime for toddlers that are age 12- 24 months. The teacher will have an organized playgroup that involves gross motor play while involving music and discovery. This is a great chance to meet other toddlers in the district, as well as an enjoyable time with our wonderful staff. (Mary Moshos & Paula Sokol)

Rookie/Junior Sports & Games: Fundamental skills are taught to enable players to succeed in different sports. New games will be taught with friendly competition, while emphasizing teamwork. (Marc Rolla)

Creative Crafts: This fun-filled class will provide an environment where children will explore and create works of art through the use of a variety of arts and crafts media. This is for children with an interest in creative arts. Since activities will include crafts and sensory experiences, please wear clothes suitable for use with paints, glue and other fun messy stuff! (Mary Moshos)

Special Persons Gifts: Is there someone special your child would love to make a gift for? This workshop will give the children a choice in projects that they could give to someone they love. (Mary Moshos)

Butterfly Workshop: Look, a butterfly! This is what spring is all about. Discuss the lifecycle of a butterfly and create a beautiful project with this wondrous creature in mind. (Mary Moshos)

Kids Nite Out – (Ages 5-12) this program includes supervision of sports, games, crafts, dancing, snacks, fun and swimming (2nd-7th grades only). Kids Nite Out is open to all district children. The program meets at the Hewlett High School gym. The fee is \$10 per child and the check is written to H-W Community Services. Please try to pre-register so that we can staff appropriately. Children not yet in 2nd grade and under 7 years old will not be allowed to swim in the pool during Kids Nite Out unless accompanied by parent or guardian. Parents with children under the age of 7 may accompany their child in the pool for a \$5 fee. Parents will not participate in any other activities. (Hewlett Recreation Staff)

SUNDAY

Tennis- Beginners A/B: Who watched the U.S. Open? Who is our next Serena Williams or Roger Federer? Tennis is a strategic and competitive sport that can be enjoyed for a lifetime. Lessons are taught in a progressive manner, building skills, technique, appreciation and enjoyment of this sport. Bring a tennis racket and wear sneakers. (Mrs. Saunders)

Open Gym- Basketball is the main court game. This is a drop in program. You may register on-site for \$3 each visit. Written parental permission and proof of residency is required at the first session your child attends. Parents, please escort children into the building, and come in the building to pick up your child. Enter through the pool doors at Hewlett High School. (Hewlett Recreation Staff)

WEEKEND AQUATIC SCHEDULE AT A GLANCE

SATURDAY SWIMMING LESSONS and PUBLIC SWIM

(Swim level skill assessment time: March 20th 3:30 – 4:00 p.m.)

SECTION	TIME	GRADE/Age	LOCATION	DATE	FEE.	LIMIT
Tadpoles Section #921036 - A	10:00 a.m. – 10:45 a.m.	Tadpoles Ages 4-6 with a parent	George W. Hewlett High School - Pool	April 10 – May 22 (no class 5/1)	\$55	30
Modified section #921036 - B	10:00 a.m. – 10:45 a.m.	Kg – 1 st must pass pre-test	George W. Hewlett High School - Pool	April 10 – May 22 (no class 5/1)	\$55	12
Red Cross section #921036 - C	10:50 a.m. – 11:35 a.m.	Red Cross Levels 2, 4, 6	George W. Hewlett High School - Pool	April 10 – May 22 (no class 5/1)	\$55	30
Red Cross section #921036 - D	11:40 a.m. – 12:25 p.m.	Red Cross Levels 1, 3, 5	George W. Hewlett High School - Pool	April 10 – May 22 (no class 5/1)	\$55	30
Red Cross section #921036 - E	12:30 p.m. - 1:15 p.m.	Red Cross Levels 2, 4, 6	George W. Hewlett High School - Pool	April 10 – May 22 (no class 5/1)	\$55	30
Red Cross section #921036 - F	1:15 p.m. – 1:55 p.m.	Red Cross Levels 1, 3, 5	George W. Hewlett High School - Pool	April 10 – May 22 (no class 5/1)	\$55	12
PUBLIC SWIMMING SESSION	2:00– 3:30 p.m. Locker room closes 3:50 p.m.	Children under 7 attend with a parent/sitter	George W. Hewlett High School - Pool	Follow school calendar Vacation weeks, pool is closed.	\$3 child \$5 adult	105

SUNDAY SWIMMING LESSONS and PUBLIC SWIM

(Swim level skill assessment time: March 21st 3:30 – 4:00 p.m.)

SECTION	TIME	GRADE/Age	LOCATION	DATE	FEE.	LIMIT
Toddler Swim #921036 - G	9:50 a.m.– 10:30 a.m.	Children ages 1– 3 & parent	George W. Hewlett High School - Pool	April 11 – May 23	\$55	22
Tadpoles section #921036 - H	10:35 a.m. – 11:15 a.m.	Age 4- 6 w/ parent	George W. Hewlett High School - Pool	April 11 – May 23	\$55	22
Modified section #921036 - I	11:20 a.m. – 12:05 p.m.	Kg & 1 st must pass pre-test	George W. Hewlett High School - Pool Pre Test Required	April 11 – May 23	\$55	22
Red Cross section #921036 - j	12:15 p.m. – 1:00 p.m.	Levels 1, 3, 5	George W. Hewlett High School - Pool	April 11 – May 23	\$55	30
Red Cross section #921036 - K	1:05 p.m. - 1:50 p.m.	Levels 2, 4, 6	George W. Hewlett High School - Pool	April 11 – May 23	\$55	30
PUBLIC SWIMMING SESSION	2:00 – 3:30 p.m. Locker room closes 3:50 p.m.	Children under 7 attend with a parent/sitter	George W. Hewlett High School - Pool	Follow school calendar Vacation weeks, pool is closed.	\$3 child \$5 adult	105

During all swim sessions & open recreation programs parents and patrons must sign in with the pool monitor/clerk.

SWIMMING INSTRUCTION and RED CROSS LESSONS

If your child does not have a current Red Cross certificate of completion issued by Hewlett-Woodmere Community Services (within the last four months) or if you are not certain of your child's swimming abilities then *please* have your child's skills assessed before you register for swimming lessons. Register by level according to the last level completed. If you are uncertain about your child's skill level for the winter semester, please ask the instructor to put that determination in writing. Aquatic testing will be available in the Hewlett High School Pool on March 20 & 21 from 3:30-4:00 p.m.

PARENT & CHILD SWIM SESSIONS:

Supervision ratio - One CHILD per PARENT/CAREGIVER during these lessons. Children MAY NOT wear disposable diapers in the pool. Children who are not fully toilet trained must wear rubber pants over a primary suit. For health and safety, bring a plastic bag to place a wet or soiled diaper in before placing it in a trash container.

YOUNG LEARNERS SWIM LESSONS:

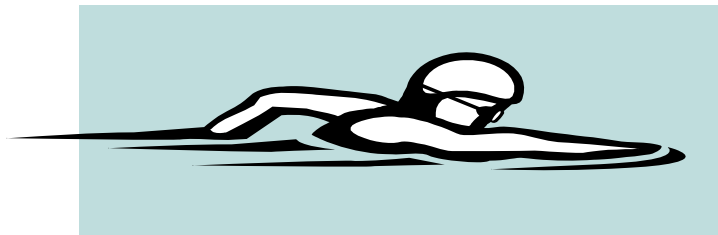
Toddlers (ages 1 - 3) and Tadpoles (ages 4 - 6). In the Young Learners program, parents introduce their children to the water environment and help them to feel comfortable and enjoy the water. Instructors are there to demonstrate swim instruction techniques to parents. Parents, in turn, introduce their child to the skill and help build their child's ability and water appreciation. Register using your child's name. All children must be accompanied in the water by a parent or caregiver (age 16 and over). There are two sections of Young Learners Swim Instruction: Toddlers: ages 1 to 3 with a parent/guardian Tadpoles: ages 4 to 6 with a parent/guardian.

RED CROSS SWIM INSTRUCTION

(for children in 2nd through 8th grade)

Certified Staff will instruct your child using a structured, 6-step progressive curriculum developed by the American Red Cross. It is designed for children seven years of age and older. If your child has recently completed Red Cross swimming lessons, please attach a copy of his or her completion card to the registration. Children are registered in levels based on proficient skills. Register in a time slot appropriate for your child's assessed skill level 1-6. You should register your child for the time during which their current skill level is offered. Red Cross Lessons are for students in 2nd to 8th grades. Non-swimmers in 3rd grade, should register for Red Cross level #1. A child who is not timid in or under water, and swims short distances with ease should sign up for level #2.

CHILDREN WHO ARE NOT YET IN 2nd GRADE WILL NOT BE ADMITTED INTO RED CROSS LESSONS.



MODIFIED SWIM INSTRUCTION – This is not an introductory swim class. A PRE-TEST is required. This class is limited to qualified, able and independent young swimmers who are in *Kindergarten and First grade only*. Children will be tested and must demonstrate proficient water skills and prolonged independence in both deep and shallow water. Children will be taught Red Cross methods using Modified techniques for younger swimmers. For your child's safety, we *will not* advance a child to a program for which the child is not ready. Only those children who pass the qualifying swim test will be given a clearance card to register for the Modified Swim Instruction program. You may not register on-line for this class. Children who want to register for **MODIFIED SWIM** will be tested on these skills: * Jump in the water at the deep end * Swim from the deep end to the shallow end * Dive and recover an object from the shallow bottom of the pool * Demonstrate rhythmic breathing skills * Perform the front crawl for a distance no less than 15 yards * Perform the back stroke for no less than 15 yards * Tread water in deep end * Demonstrate the ability to follow instructions and perform tasks * Be comfortable in the water without a parent present * Have stamina and energy needed for prolonged independence in the water.

PRE -TEST DATES: March 20 & 21 from 3:30 – 4:00 p.m. at the Hewlett High School Pool

REMEMBER: Modified Swim is designed for *Kindergarten or First grade children* only who are competent deep water swimmers, independent in the water for sustained periods, and can keep their head above the 42" deep water line in the shallow end.

POOL PATRONS MUST SIGN IN WITH THE POOL MONITOR.

All people who enter the locker room or pool deck area will be charged the set admission fees.

